

**COMPLAIN ABOUT SOMETHING:**

She complained about the weather / the noise in her office / her neighbours.

**COMPLAIN TO SB ABOUT STH:**

She often complains to her friend about her boss.

**COMPLAIN THAT:**

He complained that he had too much work to do.

**MISERABLE:**

I am / I feel so miserable!

My life is miserable.

She is miserable because she lives abroad and feels lonely.

**TO HAVE A MISERABLE EXPRESSION ON YOUR FACE:**

He has a miserable expression on his face on Monday mornings.

**FILL**

to fill a glass with water

Let me fill your glass. / Can I refill your glass?

My heart was filled with joy.

Sunlight filled the room.

Her eyes were filled with tears

This product fills a gap in the market.

Ground coffee beans

**GRIND - GROUND – GROUND:** to make something into small pieces or a powder by pressing against hard surfaces.

Which coffee do you prefer, instant or ground coffee?

**WAIT**

impatiently

patiently

nervously

quietly

anxiously

**PLACE**

I placed my name on the list of organizers / volunteers.

I placed an order for a new printer.

The company places importance on staff development.

I place importance on the quality of the products that I buy.

The company places emphasis on staff development.

### **ADVERSITY**

He showed courage in adversity.

Will they overcome the adversity or won't they?

### **EXPLAIN something TO somebody**

The boss explained the procedures to her employees.

She explained to me why she was absent.

### **FRAGILE**

Be careful with that vase - it's very fragile.

Life is fragile so enjoy it to the fullest.

### **UNIQUE**

She had a unique opportunity to meet one of her mentors.

I had a unique opportunity to work with somebody who is more experienced.

I had a unique opportunity to travel abroad and learn something new.

### **Potatoes, Eggs and Coffee Beans**

Once upon a time a daughter complained to her father that her life was miserable and that she didn't know how she was going to make it. She was tired of fighting and struggling all the time. It seemed just as one problem was solved, another one soon followed.

Her father, a chef, took her to the kitchen. He filled three pots with water and placed each on a high fire. Once the three pots began to boil, he placed potatoes in one pot, eggs in the second pot and ground coffee beans in the third pot. He then let them sit and boil without saying a word to his daughter. The daughter moaned and impatiently waited, wondering what he was doing. After twenty minutes he turned off the burners. He took the potatoes out of the pot and placed them in a bowl. He took the eggs out and placed them in a bowl. He then ladled the coffee out and placed it in a cup.

Turning to her, he asked. "What do you see?" "Potatoes, eggs and coffee," she hastily replied.

"Look closer", he said, "and touch the potatoes." She did and noted that they were soft.

He then asked her to take an egg and break it. After pulling off the shell, she observed the hard-boiled egg.

Finally, he asked her to sip the coffee. Its rich aroma brought a smile to her face.

“Father, what does this mean?” she asked.

He explained that the potatoes, the eggs and coffee beans had each faced the same adversity – the boiling water. However, each one reacted differently.

The potato went in strong, hard and unrelenting, but in boiling water, it became soft and weak. The egg was fragile, with the thin outer shell protecting its liquid interior until it was put in the boiling water. Then the inside of the egg became hard. However, the ground coffee beans were unique. After they were exposed to the boiling water, they changed the water and created something new.

“Which one are you?” he asked his daughter. “When adversity knocks on your door, how do you respond? Are you a potato, an egg, or a coffee bean?”

The moral of the story:

In life, things happen around us, and things happen to us. The only thing that truly matters is your choice of how you react to it and what you make of it. Learn, adapt and choose to make the best of each experience.

Source: <http://beginwithyes.com/potatoes-eggs-and-coffee-beans/>